Focus on Falls:
How One Hospital Reduced Falls by 50 Percent in Just Four Months

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Tools for Success

- Interdisciplinary Fall Prevention Committee
- Hourly Rounding®
- Potty Pals
- “Call Don’t Fall” ceiling tiles
- No pass zones
- Fall admission kits
- Validation
- Accountability
Fall Prevention Committee

Membership

✓ Clinical Care Staff all disciplines
✓ Chief Nursing Officer
✓ Director, Performance Improvement
✓ Manager, Patient Safety/Risk
✓ Director, Education
✓ Clinical Nurse Leaders
✓ Nurse Manager, Behavioral Health
✓ Manager, Radiology
✓ Director, Physical Medicine
✓ Nursing Supervisors

Fall Festival 2012
Hourly Rounding

- One hour training sessions
- Skills labs
- Validation
- Accountability

Eight Behaviors of Hourly Rounding®

- AIDET®-Key Words
- Tasks/Treatments
- 4 P's
- Comfort Needs
- Environment
- Anything Else?
- Return Time
- Documentation
- Document

Texas Health Harris Methodist Hospital
HURST-EULESS-BEDFORD
Potty Pals

• No one potties alone
• Guidelines for potty pals
• Key words

“During my hourly rounding, I am going to assist you to the bathroom. And to keep you safe, I am going to stay with you and help get you back to bed”
• 2 x 2 ceiling tiles
• Patient / family education
• Visual reminder
• Minimal cost
• Initiated w/pilot
No Pass Zone

- Town hall meetings
- Training
- Validation
- Accountability
Fall Admission Kits

- Fall alert bracelet
- Fall sign
- Non-skid socks
- Gait belt
Getting Results

Validation
- Skills labs
- Leader listening rounds
- Clinical leader rounding
- Skills labs
- Validation rounds
- Secret shopper rounds
- Skills labs

Accountability
- Model key behaviors
- Includes all leaders
- In real time; compliment, compliment, coach
- Assess will vs. skill
- Manage performance

“People love others not for who they are but how they make them feel.”
Irwin Federman
2011 THHEB Fall Data
Actual # Falls

- January: 15
- February: 12
- March: 18
- April: 20
- May: 15
- June: 22
- July: 25
- August: 20
- September: 15
- October: 12
- November: 10
- December: 5

Texas Health
Harris Methodist Hospital
HURST-EULESS-BEDFORD
2011 THHEB
Nurse Communication

July Aug Sept Oct Nov Dec

0 10 20 30 40 50 60 70 80

July Aug Sept Oct Nov Dec
2011-2012 THHEB Fall Data
Actual # Falls

Failure to Hardwire
Nothing Just Happens

- Connecting to the WHY!
- Staying focused
- Refresher training
- On-boarding process
- Fall Festival
- Re-validate
- Key words
- Accountability
  - Just Culture
  - Patient Safety Action Workgroup

Key Words
- courtesy
- concern
- respect
- listen carefully
- ensure
- explain things
- quiet
- respond
- bath/bathe
- informed
- most important
- very good care
- personal needs
- side effects
- plan of care
- excellent
- symptoms
- teach you
- is there anything
- manage your pain
- sounds
- explain
- rest
Progressive Care Unit Falls 2012

- May: 5
- June: 4
- July: 4
- Aug: 6
- Sept: 2
References


You will achieve results by “relentlessly applying simple tools”.

~ Quint Studer~

WHAT QUESTIONS DO YOU HAVE?

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